

Ellen G. White

Vitamins, supplements have no added health benefits, study contends

By Tisha Powell / ABC11.com / April 9, 2019

Researchers say it's clear that supplements are not a substitute for a healthy balanced diet. Their research also found that certain vitamins and minerals were linked to a lower risk of heart disease and stroke, but only when they came from foods.

<https://abc11.com/health/vitamins-supplements-have-no-added-health-benefits-study-contends/5240899/>

"In grains, fruits, vegetables, and nuts are to be found all the food elements that we need."

—*Counsels on Diet & Foods*, p. 92

"The grains, with fruits, nuts, and vegetables, contain all the nutritive properties necessary to make good blood."

—*Health & Happiness (Ministry of Healing)*, p. 316

Manatee Village Historical Park tea talk on psychics, ghosts and divination

By Kathryn Rohlwing / HeraldTribune.com / March 26, 2019

Manatee Village Historical Park will be opening a new exhibit, "Religion in Manatee," in April Manatee Village staff will host Spiritualism & Tea at Charms of Leffingwell Manatee Village staff will provide trivia and a brief talk on the history of Spiritualism, a fascinating religious movement that started in the mid-1800s.

<https://www.heraldtribune.com/news/20190326/manatee-village-historical-park-tea-talk-on-psychics-ghosts-and-divination>

"The doctrine of man's consciousness in death ... has prepared the way for modern spiritualism Here is a channel regarded as sacred, through which Satan works for the accomplishment of his purposes Many are comforted with the assurance that their loved ones are enjoying the bliss of heaven, and without suspicion of danger, they give ear 'to seducing spirits, and doctrines of devils.'"

—*America in Prophecy (The Great Controversy)*, pp. 551 & 552

The Ecumenical Movement: A School for Virtue

By John Crossin / United States Conference of Catholic Bishops / Fall Blog, 2012

"In my experience, our conversation with our fellow Christians leads us to look deeper into the roots of our own faith. We clarify our deepest beliefs—and sometimes need to acknowledge our own misunderstandings of Catholic belief. Ecumenical dialogue, rather than making us less Catholic, makes us more."

<http://www.usccb.org/beliefs-and-teachings/ecumenical-and-interreligious/vatican-ii-and-the-ecumenical-movement.cfm>

"The opinion is gaining ground that, after all, we do not differ so widely upon vital points as has been supposed The time was when Protestants placed a high value upon the liberty of conscience which had been so dearly purchased."

—*America in Prophecy (The Great Controversy)*, p. 563

"When the Lord is ready for the advanced denunciation of wicked cities, He will let His people know. But this will be after these cities have had an opportunity to hear and receive the word that is unto life eternal Doors are open for the entrance of truth, and we are to avail ourselves of every opportunity to reach souls The people must be taught to search the word of God for themselves."

—*Gospel Workers*, pp. 316 & 317
